

Capital Area Human Services District Board Meeting
August 7, 2017

Directors Present: Amy Betts, Chair; Christy Burnett; Gerri Hobdy; Gail Hurst; Virginia Pearson; Thomas Sawyer; Gary Spillman; Becky Katz Laverne Aguillard; Rev. Louis Askins; and Dana Carpenter, PhD

Directors Absent: Kathy D’Albor; Stacey Morales; and Vickie King

Executive Staff Member(s) Present: Jan Kasofsky, PhD, Executive Director

TOPIC	RESPONSIBLE PERSON	DISCUSSION	FOLLOW-UP
Public Comment		There was no public comment.	
Approval of the August 7, 2017 Consent Agenda and Approval of the Minutes for June 5, 2017	Ms. Katz	Ms. Amy Betts called the meeting to order at approximately 3:01 p.m. A quorum was present. Ms. Christy Burnett made a motion to approve the August 7, 2017 Consent Agenda and the minutes for June 5, 2017. Mr. Gary Spillman seconded the motion.	There were no objections and the motion passed.
Acknowledgement of Service	Ms. Betts	Ms. Betts, new Board Chair presented Ms. Becky Katz with a certificate of appreciation for her service as the CAHSD Board Chair for 2016-2017.	
Communications	Dr. Kasofsky	<p>Dr. Kasofsky reported on the following:</p> <ul style="list-style-type: none"> • The Baton Rouge Business Report articles included in the packet were reviewed by the members. • The June 19th BH Collaborative meeting topic was <i>Facing Addiction</i>. CAHSD Board members attending were Ms. Pearson and Mr. Sawyer. The Baton Rouge Area Foundation (BRAAF) gave a brief presentation on the process they will use going forward to establish a stabilization center. <ul style="list-style-type: none"> ➤ The next BH Collaborative meeting is on August 25th and the topic is opioids. • Tim Young, Open Health Care Clinic, asked Dr. Kasofsky to convene the FQHCs and other people working to address the opioid epidemic for the purpose of creating a regional plan. The FQHCs are accessing federal funds to address opioid abuse. She stated that a representative of No Overdose Baton Rouge attended the meeting and shared that they are providing a harm reduction program and are providing Narcan on the street. Narcan is an antidote used for an opiate overdose and can save lives. The approach No Overdose Baton Rouge is using is different. It’s unrealistic and dangerous to have the expectation that opiate users will quit cold turkey with no relapse. The relapse rate is about 30% for all addictions. The risk of dying is very high when a user relapses. CAHSD has been looking at the epidemic in a different way. CAHSD currently offers only abstinence based programs, including at our inpatient unit, CARP. Clients go through detox before 	

they are admitted at CARP.

- This meeting challenged provider's beliefs and understanding. Providers don't broadly understand this epidemic. CAHS will lead the charge. The only place currently providing treatment is the Methadone Clinic. Some users with money can go to private providers and receive Suboxone. She stated it's significant that Hazelden has changed their treatment program to provide medication assisted treatment (MAT).
- Dr. Kasofsky said there is a need for everyone to find out what the providers are currently doing and then assess the plan to identify the gaps in the community. Dr. Cataldie went from providing an abstinence program to MAT which can be Suboxone. There is typically a 2-year treatment period that could cost approximately \$60K. There is no required therapy with this treatment. With Methadone, you are mandated to go into intensive therapy.
- Dr. Udofa has taken an MAT course and will take a certification test in October. CAHSD's role needs to be determined - we aren't funded to provide this type of treatment for the indigent. Before establishing MAT, CAHSD needs to determine a way to provide care for those with no coverage, perhaps cap the number of slots.
- State Office has been supportive of Dr. Kasofsky's request for additional technical support and/or education. State Office received an \$80M grant for MAT education and outreach. CAHSD received \$84K from State Office this year for hiring 1.5 outreach people.
- Humana Grant: This was a well attended event. Humana along with the EBR Parish Mayor, and Mr. Sawyer attended. Dr. Cassidy spoke via a recorded a message. The Peer Driven Wellness Group and Ricky Pampo, fitness expert and registered dietician attended the meeting. There were also client testimonials. Humana presented CAHSD with a large paper check for approximately \$118K.
- "Lock Your Meds Campaign" in Ascension Parish Schools: This is a program encouraging everyone to lock their prescription medications up and out of reach. This program is funded by a competitive grant from the CAHSD Prevention Program.
- The French Settlement Assistant Chief of Police contacted Dr. Kasofsky re: police interactions with people with mental illness. State Office staff went to DC with the Assistant Police Chief. Through their efforts they established the Capitol Area MH Team utilizing a Regional Law Enforcement program called One Mind. The program teaches officers how to deal with people with mental illness. The main purpose is that Police should reach out to mental health providers in their area and see how they can work together. Their first local event is on

		<p>8/23/17. 100 invited law enforcement officials across the state will attend. John Nosacka and Dr. Kasofsky will present at this event. They will talk about how important relationships are and the police training that has been done at CAHSD. Dr. Kasofsky will also talk about CAHSD's work in the local jails and problems for mentally ill people in the jails with Warden Grimes from EBRPP.</p> <ul style="list-style-type: none"> • The 2017 NDBH Agenda has been developed. The conference is in New Orleans from October 22-25. Dr. Kasofsky is the president for the second year. • The Southern Regional Trauma Board. LSU Health Sciences Center, Dept. of Psychiatry received a grant and invited Dr. Kasofsky to participate on a Regional Advisory Board associated with it. It was a competitive grant to formulate an advisory board in the southern region on how to prepare for natural disasters with regard to mental health. Two CAHSD social workers were invited to participate by Dr. Kasofsky. She will be in New Orleans Thursday & Friday of this week representing Louisiana. • BRAF received a grant and formed a group called Resilient BR. Dr. Kasofsky has been invited to be on that Advisory Council. 	
<p>SB School Camps and SB Expansion & Moves</p>	<p>B. Sclafani</p>	<ul style="list-style-type: none"> • Dr. Kasofsky reported that SB social worker time was well managed and they were able to staff the summer camps using more permanent staff and less contract staff because client census is low in the summer at the Clinic. • B. Sclafani provided an update on the CAHSD School Based (SB) summer camps, expansion and moves. • Bethany Sclafani provided a brief overview of the SB handout included in the meeting packet. <ul style="list-style-type: none"> ➤ She stated that the summer camp turnout was higher this year. Services were provided to approximately 100 more children than in years past. She shared some of the camp activities. ➤ Schools- SB is in 44 schools this fall. She provided an overview of the schools. She stated that SB did pull out of Tara High School in EBR. They weren't getting enough referrals and those received weren't turning into cases. It was decided that SB could better utilize their services in elementary schools. ➤ B. Sclafani reported that after the 2016 flood, Dow Chemical in Iberville Parish reached out to talk about possibility funding a social worker in the St. Gabriel area. One social worker was funded to serve at two campuses. The social worker was able to get a case load up and running in less than 2 months due to the need in that area. They met with Dow Chemical who invited some other industries to discuss how they could sponsor more services to give 	

		<p>back to the children in their parish. Also met with WBR Rotary Club recently. They had some ideas and SB is trying to setup another meeting, to look at them partnering with CAHSD to collaborate private/public partnership to provide more services. One community under consideration is White Castle. Due to the driving distance, travel payments may be considered for the social worker. Rev. Askins wants to discuss this further.</p> <p>➤ Gail Hurst stated that she would like to see a social worker placed in Rosenwald in Pointe Coupee Parish.</p>	<p>Dr. Kasofsky to discuss with Rev. Askins and Ms. Hurst.</p>
New Grants	Dr. Kasofsky	<ul style="list-style-type: none"> • CAHSD received \$84K for the Statewide Grant for opioid abuse. • V. Gettys wrote a grant to the Federal government and CAHSD received a \$300K grant to focus on women & girls to prevent opioid abuse. This grant will provide funds for education and media. V. Gettys will give a grant presentation to the Board once it gets started. 	
Expanded Gambling Proposal to OBH	Dr. Kasofsky	<ul style="list-style-type: none"> • CAHSD has the largest gambling program in Louisiana due to Matt Green. Dr. Kasofsky has requested an additional \$42K of the Federal Block Grant money that other districts are not using. We are currently waiting to hear whether or not CAHSD will receive the additional money. There is a big problem with Internet games in adolescents. • If received, monies will use social media to put information out there around “When is it too much?” Kids and their parents need to understand this is gambling. • Gerri Hobdy stated that the EA Video Game Company has a presence in Baton Rouge and they might be interested in partnering with CAHSD. 	<p>Prevention staff will contact EA Company.</p>
Clinic Manager Changes	Dr. Kasofsky	<p>Dr. Kasofsky reported the following CAHSD Clinic Manager changes:</p> <ul style="list-style-type: none"> • GMHC Manager has moved to MDMHC. The previous MDMHC manager, C. Bahlinger, expressed a desire to become involved with integrated health and is now working at BR Clinic with BCBS to get that program setup. • The GMHC position will be posted. 	
LFO Audit	Dr. Kasofsky	<ul style="list-style-type: none"> • CAHSD had a really great LFO audit. The audit was thorough and took up so much time that it put our billing behind. 	
LDH Contract	Dr. Kasofsky	<ul style="list-style-type: none"> • The LDH contract is now renewed month by month. Everyone is in compliance, and CAHSD will be covered until the end of September. LDH is waiting for the DOA to sign off on those contracts. 	
Non-Renewal of WBR & Iberville Parish SA Treatment Contract	Dr. Kasofsky	<ul style="list-style-type: none"> • WBR & Iberville Parishes notified Dr. Kasofsky by letter that they didn’t want a contract with CAHSD for substance abuse treatment. The reason is that due to Medicaid expansion, there are a lot of requirements the Parish must meet in order to be a provider. The provider must show they are actively working to get people on Medicaid. To accept Medicaid, you have to be CARF approved. The parishes feel they have 	

		<p>enough money to continue operating the programs without accepting the money from CAHSD.</p>	
BH Collaborative 8/25	Dr. Kasofsky	<ul style="list-style-type: none"> The focus of the BH Collaborative meeting is “Developing a Community Response to the Opioid Epidemic in the Greater Baton Rouge Area. Louis Cataldie, MD, ABAM Diplomate will provide a 30 minute presentation on the societal, personal, and biological impact of the opioid epidemic. 	
Expansions into Primary Care Settings	Dr. Kasofsky	<ul style="list-style-type: none"> Red Stick Pediatrics: They are paying to have a FT CAHSD social worker there. The social worker is billing for services on their EHR for them. We are acting as a contract provider. BCBS Program is beginning next month. Insurance companies are paying the physical health providers to have CAHSD at their locations. BCBS is collecting a lot of data to see how well it works and if those cases are costing them less in the long run. BCBS wants to track hospitalizations, length of stay and how many days it takes to see the social worker after discharge. CAHSD is developing the data with BCBS now. BCBS is developing the Baton Rouge Clinic model for the whole state. 	
CAHSD Annual Meeting	Dr. Kasofsky	<ul style="list-style-type: none"> The CAHSD Annual meeting is on October 13th. The Board members are invited to attend. A speaker will present moving a government agency more toward a private sector provider in how they deliver and package their services. The speaker is also doing a full assessment of CAHSD to identify our weak areas and to assist us to be more prepared to compete in the private sector. 	
FY '17 Budget Close-out	Dr. Kasofsky	<ul style="list-style-type: none"> Dr. Kasofsky will be able to provide a final number at the next meeting. CAHSD is in the process of closing out '17, are in '18 and are working on developing the '19 budget now. 	
FY '18 Budget Status	Dr. Kasofsky	<ul style="list-style-type: none"> CAHSD hasn't received any cuts yet. Dr. Kasofsky was given 2 scenarios to develop for cuts but nothing has been pushed through. She spoke to LDH Fiscal yesterday and was told there aren't any cuts planned. \$200K must be reserved to fund raises for most CAHSD staff that will be given January 1, 2018. Civil servants at the top of their pay scale won't get a merit raise this FY. On January 2nd, the pay scales will be raised so they won't be maxed out. The people not eligible for a merit raise this time because their pay scale is maxed out, will be eligible next year if they meet the criteria. 	
After Hour Coverage		<ul style="list-style-type: none"> CAHSD now must offer 24 hour face to face contact to meet a new CARF requirement. Although the Crisis Intervention Call Center will handle our calls telephonically, CAHSD has to have someone available to go meet with them. This means we will have to have someone on call after hours and on the weekend. CAHSD is using this as an 	

		<ul style="list-style-type: none"> opportunity to pull a few different models together. CAHSD will be meeting with EMS. If you go out with EMS, they can give medication. Only CAHSD clients would receive this service. Staff will be able to go into the electronic health record or contact Dr. Udofa who is always on call as the Medical Director. We will be working with Aaron Blackledge from Crisis Intervention Center. 	
Self-Generated Revenue	Dr. Kasofsky	<ul style="list-style-type: none"> Dr. Kasofsky provided an overview of the Self Generated Revenue report included in the meeting packet. 114% of CAHSD’s revenue goal was collected. 	
Board Membership Update- ACT 73	Dr. Kasofsky	<ul style="list-style-type: none"> Dr. Kasofsky provided a detailed overview of the new requirements for CAHSD’s board composition outlined in ACT 73, beginning on page 18. There was discussion regarding the new requirements effective January 1, 2018. An annual board member training will now be provided in Baton Rouge and at least the Board chairman must attend. Mr. Spillman stated that while we will be requesting the parish council to provide us with a list of people’s names that meet the new criteria, the council will probably not be motivated to get to this level of specificity and not send in any names for consideration. West Feliciana: Ms. Amy Betts was reappointed. East Feliciana: Ms. Kay Andrews and Ms. Barbara Wilson’s seats were declared vacant according to law. West Feliciana: Ms. Sandi Record’s seat was declared vacant by law. West Feliciana didn’t submit the correct number of nominees - only sent in 2 for 2 positions. CAHSD has sent letters to both parishes and hasn’t received any responses from them: EF- President Kent, to Ms. Harris & Ms. Crowe WF-President Couhig & Ms. Robinson There was discussion on how the current members could help with finding nominees interested in serving on the Board. 	
Report from Chairman			
Board Policy Review by Direct Inspection/Board Business			
Ends Focus of Grants or Contracts Tab 5 – Action	Ms. Betts	<ul style="list-style-type: none"> The Board reviewed the Ends Focus of Grants or Contracts (terminated/non-renewal contracts). There was discussion. Mr. Spillman made a motion to approve the policy without changes. Ms. Hurst seconded the motion. 	<p>A detailed category will be added to the attachment and presented at the next meeting.</p> <p>There were no objections and the motion passed.</p>

Updated Board Resolution Tab 6 – Action	Ms. Betts	<ul style="list-style-type: none"> The Board reviewed the updated Board Resolution. Ms. Burnett made a motion to approve the resolution without changes. Ms. Hobby seconded the motion. 	There were no objections and the motion passed.
Annual Board Member Self Evaluation Review	Ms. Betts	<ul style="list-style-type: none"> The Board reviewed the Annual Board Member Self-Evaluation results. There was discussion regarding the results. Based on the results, the Board understands what is happening in the District. 	
Policy Review: Cost of Governance Executive Linkages	Ms. Pearson	<p>Ms. Pearson provided an overview of the following policies:</p> <ul style="list-style-type: none"> Cost of Governance Policy – relates to member training, supports, and budget related to governance. She stated that CAHSD is in compliance with this policy. Executive Linkages Policy - this policy addresses the Board’s role in hiring/firing of the Executive Director. Ms. Pearson feels the Board is in compliance with both policies. 	
Next Assignment	Ms. Katz	<ul style="list-style-type: none"> Next Policy Assignment: Board Executive Director- Unity of Control - Mr. Sawyer 	
Next Meeting	Ms. Katz	The Board will meet on September 11, 2017 @ 3:00 p.m. at CAHSD, 4618 Government Street, Baton Rouge, LA.	